



GUDMESTAD
YOGA TRADITION

Paxson Yoga Center

Holiday 2020 Classes

These classes will be offered online over Zoom. Classes are 90 minutes; you may use your Summer/Holiday passes. *Prior registration is required.*

Monday, Dec. 14	9:30 am	Beginning	Hope
	11:30 am	Adv. Beginning	Hope
Tuesday, Dec. 15	11:30 am	Intermediate	Stuart
	6:00 pm	Intermediate	Julie
Wednesday, Dec. 16	9:30 am	Adv. Beginning	Beth
	11:30 am	Adv. Beginning	Christina
Thursday, Dec. 17	9:30 am	Beginning	Rachel
	11:30 am	Adv. Beginning	Stuart
	6:00 pm	Adv. Beginning	Beth
Friday, Dec. 18	10:00 am	Adv. Beginning	Beth
	11:45 am	Adv. Beginning	Beth
Saturday, Dec. 19	8:00 am	Adv. Beginning	Denise
	10:00 am	Beginning	Denise

Beginning = Levels 1-2 Adv. Beginning = Levels 2-3 Intermediate = Levels 3-4 & up

Paxson Yoga Center • 6840 S. Macadam Ave • Portland, OR 97219

phone: (503)223-8157 • info@paxsonyogacenter.com • www.paxsonyogacenter.com



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Monday, Dec. 21	9:30 am	Beginning	Christina
	11:30 am	Adv. Beginning	Denise
Tuesday, Dec. 22	11:30 am	Intermediate	Stuart
	6:00 pm	Intermediate	Beth
Wednesday, Dec. 23	9:30 am	Adv. Beginning	Beth
	11:30 am	Adv. Beginning	Stuart
Saturday, Dec. 26	8:00 am	Adv. Beginning	Denise
	10:00 am	Beginning	Denise
Monday, Dec. 28	9:30 am	Beginning	Christina
	11:30 am	Adv. Beginning	Denise
Tuesday, Dec. 29	11:30 am	Intermediate	Stuart
	6:00 pm	Intermediate	Beth
Wednesday, Dec. 30	9:30 am	Adv. Beginning	Beth
	11:30 am	Adv. Beginning	Stuart
Thursday, Dec. 31	11:30 am	Adv. Beginning	Beth
Friday, Jan. 1	11:45 am	Adv. Beginning	Beth
Saturday, Jan. 2	8:00 am	Adv. Beginning	Denise
	10:00 am	Beginning	Denise

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