



GUDMESTAD
YOGA TRADITION

Paxson Yoga Center

Lodging Information

If this is your first visit to Portland, you'll be happy to find our city is very pedestrian friendly, with many restaurants, shops and museums nearby. Our studio is located south of downtown in the John's Landing/Willamette Park area. We've gathered a small collection of Bed & Breakfasts and Air BnB locations for you. If you want to stay in a hotel, there are too many options to list. You may want to have a car or plan to ride the bus, especially if you are bringing props.

Several of our past attendees have been really happy with a **bed and breakfast** located right around the corner from our old studio. It is about a mile and a half from the new studio. It is called **Bellaterra B&B** at 3935 SW Corbett Ave. 97239 Check it out at www.bellaterranb.com.

Fulton Bed & Breakfast is just 2 blocks from our studio. The address is 7006 SW Virginia Ave. 97219. 503.892.5781 www.thefultonhouse.com.

Another option is to rent a space through **airbnb.com**. Here are a few possibilities:

John's Landing:

Entire apartment by the river

www.airbnb.com/rooms/18813251

Fulton bungalow, entire bungalow

www.airbnb.com/rooms/32934768

Sellwood:

Detached studio

www.airbnb.com/rooms/23128043

Entire guesthouse

www.airbnb.com/rooms/26717394

Entire bungalow

www.airbnb.com/rooms/637362

Detached studio loft

www.airbnb.com/rooms/2020615

Of course, this is just a sampling, and there are many choices.

To check on bus routes, max and scheduling, transportation from the airport to your lodging, etc., go to: www.trimet.org. Our studio is located at the corner of SW Macadam Ave. & California St.

Please let us know if you have any questions concerning lodging or transportation during your week here. Our e-mail address is: info@gudmestadyoga.com or info@paxsonyogacenter.com.
phone: (503) 223-8157. See you in August!

Namaste,
Amelia Michaels
Yoga Coordinator
Paxson Yoga Center